

Health Protocols for the IronKidz Outdoor Program Guidelines

Arrival Procedures

- Parents should have students wash their hands at home before they arrive at school. Hand sanitizer will be provided on arrival.
- Parents and students should wear facial coverings on arrival.
- Parents/guardians should drive up to the designated drop-off area out front of the school and wait inside their vehicle until a staff member arrives at their window. This allows us to limit visitors to the park, thereby decreasing exposure.
- If possible, please try to have the same parent/guardian drop off and pick up the child every day.

Health Screenings

- All staff and students will complete a daily health check, including a symptoms screening checklist and a no-touch temperature check upon arrival to campus and before they report to work and school. The student's health check and temperature screening will be conducted at the drop-off area prior to their parent's departure.
- Anyone who has an affirmative response on any of the points in the symptoms screening checklist will be excluded from attending.

Hand Hygiene and Respiratory Etiquette

- Reinforce healthy habits and monitor proper handwashing.
- Model and practice regular handwashing, including before and after eating, coughing, sneezing, playing outside, and after using the restroom.
- Wash hands with soap and water for at least 20 seconds. (Have students sing the birthday song while washing their hands)
- If soap and water are not readily available, hand sanitizer that contains at least 60% alcohol can be used. Hand sanitizer will be readily available on site.
- Teach children to avoid contact with one's eyes, nose and mouth.
- Teach children to cover coughs and sneezes with a tissue. Used tissues should be thrown in the trash and hands washed immediately with soap and water for at least 20 seconds, or hand sanitizer should be used.

Healthy

Environment

- Staff will regularly disinfect high-touch surfaces
- Staff will have access to anti-bacterial hand sanitizers and disposable gloves and use them as needed.
- All surfaces will be disinfected before snack preparation using EPA-approved products.
- Student supplies and belongings should be labeled and kept in a separate bag/bin for individual use. Belongings, including masks, should be taken home and washed daily.
- Use of shared toys, games, and playground equipment will be discouraged. Physical activities that require less contact with surfaces will be encouraged.
- Any shared items will be cleaned and disinfected in between student use.

Cloth Face Coverings

- All staff members should wear face coverings.
- Students are encouraged to bring and wear cloth face coverings. Face coverings are most essential at times of transition and when physical distancing cannot be met.
- Try not to touch the face covering and wash your hands frequently.
- Cloth facial coverings should **not** be placed on anyone who has trouble breathing, is unconscious, incapacitated, or otherwise unable to remove the cloth face-covering without assistance.
- Cloth face coverings
 - Should fit snugly but comfortable against the side of the face
 - Be secured with ties or ear loops
 - Include multiple layers of fabric
 - Allow for breathing without restriction
 - Be able to be laundered and machine dried without damage or change to shape

Stay Home when Appropriate

- Encourage staff and parents to be on the alert for signs of illness in their children and to keep them home when they are sick or showing any of the symptoms listed below.
- People with COVID-19 have had a wide range of symptoms reported, ranging from mild symptoms to severe illness.
- Symptoms may appear **2-14 days after exposure to the virus**. People with the symptoms listed below may have COVID-19.

Students or staff experiencing one or more of the following symptoms will be excluded from school:

- Fever of 100 or higher
- Chills
- New cough, nasal congestion or runny nose
- Shortness of breath or difficulty breathing
- New muscle or body aches or fatigue
- Headache (if abnormal for you)
- New loss of taste or smell
- Sore throat
- Diarrhea
- Nausea, vomiting, abdominal pain
- New rash (for students)
- Recent diagnosis or possible exposure to COVID-19

A temperature of 100 F or greater or a “yes” answer to any of the symptoms screening questions identifies the student as potentially positive for COVID-19. Students and staff will be asked to return home and recommended for follow-up testing.

Procedure for Sending Children Home with Positive Symptoms

- Students who exhibit positive symptoms will be asked to secure their facial coverings.
- Parents/guardians will be contacted immediately.
- Students with positive symptoms will be isolated in a designated area outside. Students will be accompanied by a staff member at all times while waiting for pick up.

When to Seek Emergency Medical Attention If someone is showing any of these signs, seek emergency medical care immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face
- Severe abdominal pain

Considerations for a COVID-19 Positive Case

If a student or staff member tests positive for COVID-19 and has exposed others at the

school we will work in consultation with our local health department to determine next steps. A local public health officer will determine the current risk level for our community and will provide appropriate guidance. We will provide timely and appropriate notification to all Extended Day families.